

International Index of Erectile Function Questionnaire (IIEF-5)

Please answer the following questions as honestly and clearly as possible.

In answering these questions the following definitions apply:

- Sexual activity included intercourse, caressing, foreplay and masturbation.
- Sexual intercourse is defined as vaginal penetration of the partner (you entered your partner)
- Sexual stimulation includes situations like foreplay with a partner, looking at erotic pictures, etc
- Ejaculation is defined as the ejection of semen from the penis (or the feeling of this)

Please answer the following questions for the past -----weeks by checking one box per question.

1. How often were you able to get an erection during sexual activity?

- No sexual activity
- Almost never/never
- A few times (much less than half the time)
- Sometimes (about half the time)
- Most times (much more than half the time)
- Almost always/always

2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration?

- No sexual activity
- Almost never/never
- A few times (much less than half the time)
- Sometimes (about half the time)
- Most times (much more than half the time)
- Almost always/always

3. When you attempted sexual intercourse, how often were you able to penetrate (enter) your partner?

- Did not attempt intercourse
- Almost never/never
- A few times (much less than half the time)
- Sometimes (about half the time)
- Most times (much more than half the time)
- Almost always/always

4. During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner?

- Did not attempt intercourse
- Almost never/never
- A few times (much less than half the time)
- Sometimes (about half the time)
- Most times (much more than half the time)
- Almost always/always

5. During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?

- Did not attempt intercourse
- Extremely difficult
- Very difficult
- Difficult
- Slightly difficult
- Not difficult

6. How many times have you attempted sexual intercourse?

- No attempts
- One to two attempts
- Three to four attempts
- Five to six attempts
- Seven to ten attempts
- Eleven + attempts

7. When you attempted sexual intercourse, how often was it satisfactory for you?

- Did not attempt intercourse
- Almost never/never
- A few times (much less than half the time)
- Sometimes (about half the time)
- Most times (much more than half the time)
- Almost always/always

8. How much have you enjoyed sexual intercourse?

- No intercourse
- No enjoyment
- Not very enjoyable
- Fairly enjoyable
- Highly enjoyable
- Very highly enjoyable

9. When you had stimulation or intercourse, how often did you ejaculate?

- No sexual stimulation/intercourse
- Almost never/never
- A few times (much less than half the time)
- Sometimes (about half the time)
- Most times (much more than half the time)
- Almost always/always

10. When you had sexual stimulation or intercourse, how often did you have the feeling of orgasm or climax?

- No sexual stimulation/intercourse
- Almost never/never
- A few times (much less than half the time)
- Sometimes (about half the time)
- Most times (much more than half the time)
- Almost always/always

The next two questions ask about sexual desire. Let's define sexual desire as a feeling that may include wanting to have a sexual experience (for example, masturbation or intercourse), thinking about having sex, or feeling frustrated due to lack of sex.

11. How often have you felt sexual desire?

- Almost never/never
- A few times (much less than half the time)
- Sometimes (about half the time)
- Most times (much more than half the time)
- Almost always/always

12. How WOULD You rate your level of sexual desire?

- Very low/none at all
- Low
- Moderate
- High
- Very high

13. How satisfied are you with your overall sex life?

- Dissatisfied
- About equally satisfied and dissatisfied
- Very dissatisfied
- Moderately satisfied
- Very satisfied

14. How satisfied have you been with your sexual relationship with your partner?

- Dissatisfied
- About equally satisfied and dissatisfied
- Very dissatisfied
- Moderately satisfied
- Very satisfied

15. How do you rate your confidence that you could get and keep an erection?

- Very low
- Low
- Moderate
- High
- Very high

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